



Church of St. Mary of the Lake  
4690 Bald Eagle Avenue  
White Bear Lake, MN 55110  
(651) 429-7771

Nonprofit Organization  
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**PAID**  
Twin Cities, MN  
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CHANGE SERVICE REQUESTED

## See what is new this year!

**IFFD:** Intergenerational Family Faith Day - In this program, adults, parents and children come together once each month, to participate in age-appropriate, small group lessons, then join together for fellowship and service. They are then given lessons to experience at home for the other weeks of the month. (See page 4)

**Fused Youth Ministry:** Sunday nights are changing to allow more discussion of topics that the youth want to talk about. Fr. Talbot is excited to work with the youth and spend time with them in prayer and learning. All youth grades nine and above are encouraged to attend. No registration needed. Bring a snack to share with the group! (See page 9)

**Peer Ministry:** High School youth will take an active part mentoring their younger peers.

**St. Mary's Weekly Community Dinner** now opening earlier at 4:45 PM. (See page 1)

# Know\*Follow\*Share

## “Be My Witness”

A guide to programs for youth and adults at  
St. Mary of the Lake

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## All Are Welcome

Do you or a member of your family have special needs? St. Mary of the Lake would like to be a welcoming community to all our friends and families. If we can help accommodate you in any way, please let us know. Would you like to serve in a ministry or join a committee or book club? We would love to have you. Are your children in need of specific accommodations or aids so their time in our programs are more successful? Please bring your situation to our attention so we can discuss what will work best for everyone. Contact Karlene Feidt, Mary Beth Jambor, Justin Kelly or Theresa Steffes by calling the parish office 651-429-7771.

**Did you know that St. Mary's serves a community dinner? See page 1**

# Staff Directory

*Our dedicated staff is here to guide you on your journey:*

Fr. Ralph Talbot	<b>Pastor</b>	frtalbot@stmarys-wbl.org
Karlene Feidt	<b>Director Faith Formation</b>	kfeidt@stmarys-wbl.org
Mary Beth Jambor	<b>Director Sacraments &amp; Worship</b>	mbjambor@stmarys-wbl.org
Justin Kelly	<b>Youth Formation-Gr. 6-12</b>	jkelly@stmarys-wbl.org
Theresa Steffes	<b>Preschool/Kindergarten</b>	tjsteffes@stmarys-wb.org
Liz Racine	<b>Director of Liturgical Music</b>	lracine@stmarys-wbl.org
Samantha Hagel	<b>Director of Mission</b>	srhagel@stmarys-wbl.org
Casey Green	<b>Coordinator of Outreach Ministries</b>	cjgreen@stmarys-wbl.org
Loree Weber	<b>Administrative Assistant</b>	llweber@stmarys-wbl.org
Patrick Gallivan	<b>Frassati School Principal</b>	pgallivan@frassatiwbl.org

**Call the parish office at 651-429-7771**



## St. Mary's Community Dinner: KOHLE KAFÉ



Kohler Kafé is located in Kohler Hall at the St. Mary of the Lake Parish Life Center  
A balanced meal, beverages and desserts are served on most

**WEDNESDAYS, OCTOBER 3 - APRIL 24**  
**FROM 4:45 – 6:15 PM.**



New  
Start Time

**COST IS \$6** and open gym is also available.

No reservation is necessary. Come eat & talk with a neighbor!

**Family punch card—buy five meals and get the next one FREE!**

See the calendar in the center of this brochure for specific dates.

To-go boxes are available too!

➤ New Parishioners receive free tickets in their welcome packet!

### **WANT TO EARN FREE MEALS? Volunteer!**

**4—5 volunteers are needed each week to help prep, serve and clean up at Kohler Kafé. For every two Wednesdays you volunteer, you will receive one free meal ticket. Your shift can be 3:30—6:00 PM or 5:00—7:30 PM. You can work every Wednesday or just once or twice a month. Call the parish office to volunteer! 651-429-7771.**

# Sacrament Preparation



**BAPTISM** is the first step in our initiation into the Christian Community. To prepare for this Sacrament, parents need to attend a Baptism preparation class. Please call the parish office in advance to register. Sign up for Baptism dates will be done when all required paperwork is submitted. We recommend attending the preparation class early in your pregnancy, which facilitates signing up for a Baptism date when the baby arrives. There is a \$30.00 per child administration fee. A birth certificate is required in order to celebrate the Baptism.

**ADULT INQUIRERS (RCIA - Rite of Christian Initiation of Adults)** The RCIA is for 1) Adults and children, age 7 or older who are not baptized, leading to the Sacraments of Initiation - Baptism, Confirmation and Eucharist, 2) Adults baptized in a Christian tradition who wish to become Catholic, and 3) Catholic adults who wish to complete their initiation through the Sacraments of Confirmation and/or Eucharist. Inquiry sessions are on **Sundays at 10:00 AM**. If you, or someone you know, might be interested in knowing more about the process, or to register, please contact Mary Beth Jambor at 651-429-7771 ext. 222.



**INITIATION SACRAMENTS PREREQUISITE:** All children/youth preparing for the Sacraments must have participated in a faith formation program at least one year prior to preparation for the Sacrament and be currently enrolled in faith formation (a Catholic school, the parish faith formation program for their age level, or the home program options). The program fee for each Sacrament, Confirmation and Eucharist, is \$40.00 per child and can be paid with registration.

**CONFIRMATION:** Youth preparing for Confirmation must be no younger than 8<sup>th</sup> grade and preferably before age 16. Preparation sessions for Confirmation candidates with a parent begin October 23. Confirmation will be celebrated at the Cathedral on Sunday, June 2, 2019. Registration deadline is September 17, 2018.

**EUCCHARIST/RECONCILIATION:** Youth preparing for the first reception of the Holy Eucharist must be at least in 2nd grade and 7 years of age. Children will also prepare for the Sacrament of Reconciliation. Preparation sessions begin February 11. First Eucharist will be celebrated on two weekends: **Saturday/Sunday May 4/5 and 11/12 at 5:00 PM, 9:00 and 11:00 AM**. Registration deadline is November 12, 2018.

## Grades 9 -12

**FUSED YOUTH MINISTRY** A group for youth in High School to age 20, focused on discussing the things you want to talk about. At the first meeting we will take your ideas to plan topics for the year. FUSED meets at the church two Sundays a month, beginning September 23, 6:00-7:30 PM. We will meet to talk, play some games and enjoy a snack. No registration required! Show up when you can and bring a friend!

**PEER MINISTRY** High school youth will mentor middle school Faith Formation students. Peer Ministry meets to plan lessons and activities to lead throughout the year, to build up the community of young believers at St. Mary's. Peer Ministry meets at 4:15 PM & 6:30 PM on Wednesdays starting October 3. **IFFD and Home Program** are also options for 9-12.

**WORKCAMP 2019** For one week in the summer high school youth join approximately 400 young Christians from around the nation to participate in Group Workcamp. We will repair, paint and weatherize homes, build porches and wheelchair ramps for families living in poverty. By giving a week of hard work, we will come to understand the human side of poverty and we will know that we can make a difference. Through our caring, we will come to understand Christ's love for all people. We are going to **Princeton, Illinois, July 28-August 3, 2019**. Participants must be in at least ninth grade, and age 14 through age 20. Adults interested in leadership roles must be 21 or older. Come to our **Information Meeting on Monday, October 8, 6:30 PM** or call Justin Kelly for information. Applications for both participants and adult leaders are now available and will be accepted until the camp fills, or October 18, 2018!

**YOUTH ROOM:** Take time to visit our Youth Room on the top floor of the Parish Life Center. Play board games, pool, air hockey, or just hang out. The Peer Ministry Team meets here on Wednesdays.

**DOROTHY DAY:** Serve a meal to the needy during the Holiday Season. All high schoolers are invited to join us in this service to the poor by serving the meal or playing Christmas carols for the diners on Wednesday, December 19.

**LOCK IN:** Spend the night at St. Mary's with friends as we play games and learn about God on March 29-30, 2019.

**MUSIC MINISTRY** Share your musical gifts with the parish. Sing with the Teen Ensemble, Blessed Busy or with the Parish Choir (off during the summer). For rehearsal schedules and more information, contact the Liz Racine at 651-429-7771.

**BE INVOLVED AT MASS.** Become a Lector (reader), Eucharistic Minister, Projectionist, Musician, Greeter, Usher, Gift Bearer...so many possibilities. Please call Mary Beth Jambor at 651-429-7771 for information and training.

**VOLUNTEER** for Sunday Preschool, Vacation Bible School, Summer BLAST and more!

**CONFIRMATION PREPARATION** If you have not been confirmed, see the Sacrament Preparation section of this brochure for details.

## Young Adult Ministry: Ages 18-35

Young Adults are invited to all Adult Enrichment events listed below, as well as these special opportunities, just for them.

**Eastside Young Adults**— St Mary's is teaming up with other eastside churches to host fun and meaningful events. Look for more in the future.

Helping the Homeless- Saturday, December 29, 11:30 AM-2:00 PM

**Fused Youth Ministry** is designed for high school to age 20. Read more under Grades 9-12. Questions? Contact Justin Kelly at 651-429-7771 ext. 223.

*"So I say to you, Ask, and it will be given you; Search and you will find; Knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds." (Luke 11:9-10).*

## Adult Enrichment Events

**SMALL FAITH SHARING GROUPS**— St. Mary's offers a variety of small group experiences. We encourage everyone to participate in the 12 week Be My Witness series. In addition to that we offer: Little Rock Scripture Study (summer), Collegeville Bible Study (Wednesdays), Moms' Book Talk—for parents with small children, Bishop Barron Series. Check our website for more information and how to get involved or call the parish office



**COMPANIONS IN GRIEF**—Education and Support Groups for those grieving the loss of a family member or friend. Thursdays, 4:30-6:00 PM. See bulletin for locations.

**INTERGENERATIONAL FAITH EXPERIENCE: SEE PAGE 4.**

**HOT TOPICS** Our Hot Topic program features guest speakers focusing on a variety of needs or concerns raised by parishioners. See parish bulletin for more details.

January 9: Sponsored by St. Mary's Social Justice Group

**MUSIC MINISTRY** Share your musical gifts with the parish. Opportunities include the Blessed Busy, the Parish Choir and more! For rehearsal schedule and more info, contact Liz Racine at lracine@stmarys-wbl.org or 651-429-7771.

### LITTLE ROCK SCRIPTURE STUDY

This past summer, three groups studied "Pilgrim People." Check back with us in the springtime to register for next summer's series!



### ADULT SPORTS TEAMS



Adult Open Basketball, Sundays during the school year at the Parish Life Center, 7:00-9:00 PM. Springtime Men's softball league plays at Lakewood Park on Wednesdays in June and July.

**\*Call the Parish Life Center, 651-429-7771, to get connected\***



**WEDNESDAY FAITH FORMATION ORIENTATION - PRESCHOOL thru GRADE 12**

*Children are welcome but not required to attend.  
Sunday, September 23, 2018 12:15—1:30 PM  
at St. Mary of the Lake Parish Life Center*

All new families to the parish, or families who have children entering preschool, elementary, middle or high school for the first time are asked to attend the presentation given by the program coordinators at 12:30 PM. Staff will be available after the presentation for individual questions.

Booths will be set up in Kohler Hall

Registration for: Sacrament Preparation, Adult Enrichment, parish membership, Faith Formation, Music Ensemble Opportunities, Curriculum review, Home Program supplies. Volunteer Opportunities and Credit Card Payments (Visa, MasterCard, Discover). **Wednesday Faith Formation begins October 3.**



**CATECHISTS  
HALLWAY HELPERS \*  
MASS MINISTERS  
SMALL GROUP LEADERS  
OPEN GYM SUPERVISORS**

**DRIVERS TO SERVICE SITES \*  
KOHLE KAFE KITCHEN HELPERS \*  
TECHNOLOGY ASSISTANTS  
CHILD CARE HELPERS \***

**\* POSTIONS WHERE WE MOST NEED VOLUNTEERS**

Call the Parish Life Center at 651-429-7771 if you would like to volunteer. Our receptionist will help get you connected.

All volunteers who work with children need to first complete the “**Essential Three:**” 1) background check, 2) Virtus training and 3) sign a Code of Conduct. Virtus training is offered at St. Mary of the Lake on: September 29, 2018, January 26 and April 27, 2019. Other dates are available throughout the Archdiocese. Go to [www.virtusonline.org](http://www.virtusonline.org) to get started.

**Grades 6-8**

**CLUB 3:16** “*For God so loved the world that He gave His only begotten Son...*” Club 3:16 is a safe place to be between school and Faith Formation. Middle schoolers are invited to come to St. Mary's after school on Faith Formation days to hang out, play in the gym, work on homework and have a snack starting at 3:16 PM. Be sure to tell your middle schoolers to head straight to St. Mary's so they don't miss anything. **Wednesday Faith Formation begins October 3.**

**FLEXIBILITY** Pick the Faith Formation time that works best for your family, Wed. 4:15 or 6:30 PM, Intergenerational Family Faith Day or Home Program.

**HOLISTIC APPROACH** Faith Formation for middle schoolers includes: **Catechesis, Service/Ministry, Prayer/Worship**, and **Social Activities**, such as, ski trips, dances amusements and more. Each small group will spend at least one session off campus for a service project, such as visiting a nursing home or helping seniors with yard clean up.

**ORIENTATION** Learn more at Orientation on September 23, 2018. See page 3 for details. Registration forms are available online or at the Parish Life Center.

**Grade 6-8 Opportunities**

**TEEN (Teen Eastside Ecumenical Network)** St. Mary's works with area churches to provide opportunities for fun and fellowship with their peers. Watch the bulletin for details about our River Boat Dance on October 6 and Overnight Lock-out on February 23.

**SUMMER BLAST** BLAST is **B**elievers **L**earning **A**nd **S**erving **T**ogether! St. Mary's teams up with area churches for a summer program. Youth do service for area residents and also enjoy a variety of fun activities. Registration for Summer BLAST takes place in March for the weeks of July 9-11, and 16-18, 2019.



**MUSIC MINISTRY** - Teen Ensemble (13 years +) leads music for six—eight Masses over the year. Rehearse the week before each scheduled Mass. Mass/rehearsal dates and times are based on group **availability**. Last year rehearsals were Wednesdays from 5:30—6:30 PM.

**ALTAR SERVER TRAINING** If you are interested in volunteering as an altar server, please contact the Director of Sacraments and Worship, Mary Beth Jambor for possible training opportunities. [mbjambor@stmarys-wbl.org](mailto:mbjambor@stmarys-wbl.org) or 651-429-7771.

**CONFIRMATION PREPARATION** If you are in 8th grade or older and have not been confirmed, see the Sacrament Preparation section of this brochure for details.



## Grades 1-5

St. Mary of the Lake offers a variety of Faith Formation options for our youth. In order to participate in a Sacrament program, youth must be a parishioner and enrolled in one of the following three options for at least one year prior to and during the year of preparation to enter the Sacrament Preparation Program:

### Option 1: Wednesday Faith Formation

Youth in grades Pre-K-8 come to receive their catechetical instruction and build a sense of belonging to a Catholic community. Classes are 1 hour and 15 minutes and are offered at either 4:15 or 6:30 pm. Pre-K and Kindergarten classes are offered only at the 4:15 session. Grades 9 and above see our Fused program on page 9.



### Option 2: Catholic Day School

St. Mary's Parish Life Center is the home of Frassati Catholic Academy. It is here that students in grades Pre-K-8 receive their catechetical instruction along with their regular classes on a daily basis. For more information, visit their website: [Frassati-wbl.org](http://Frassati-wbl.org).

### Option 3: IFFD and Home Program

**IFFD:** Catechesis begins at home. In our Intergenerational Family Faith Day program, parents and children of all ages come together once each month, to participate in age-appropriate, small group lessons, for fellowship and service. Families take home lessons for the remaining weeks of the month. The lessons follow the Sunday Gospel readings.

**Home Program:** Parents may choose to instruct their children at home without the once-a-month gathering. They will be provided with materials in order to teach their children how to live out the Catholic faith.

**NO MATTER WHICH OPTION YOU CHOOSE, ALL YOUTH CAN PARTICIPATE IN:**

#### Altar Server Training

If you are in fourth grade or older and are interested in volunteering as an Altar server, please contact our Sacraments and Worship Director, Mary Beth Jambor at [mbjambor@stmarys-wbl.org](mailto:mbjambor@stmarys-wbl.org) or 651-429-7771, to discover opportunities for training.

#### Liturgy of the Word with Children (LWC)

LWC is a chance for youth in grades 1–5 to hear the Liturgy of the Word in an age appropriate way. Children come to Mass with their parents and then, after the opening prayer, are dismissed to the Notre Dame Chapel for Scripture and song, just as in the large assembly. They share reflections on the Gospel and return to the main worship space in time for the Liturgy of the Eucharist. LWC takes place during the 9:00 & 11:00 AM Masses most Sundays from September through Pentecost.

#### Vacation Bible School

On August 12-16, 2019 we will offer five exciting days of "Roar" an African Safari themed Vacation Bible School for children ages 4 through 10. Registration takes place starting in April. We depend on adults, high school and middle school youth to volunteer as leaders and helpers. This is a great opportunity to get a jump on those service hours!



## Faith Formation for Preschool and Kindergarten

### Intergenerational Family Faith Day: for ages Preschool—adults

Preschool and kindergarten families have a new option this year! They can join all ages once a month beginning September 30 (see calendar on the next page). Participants will attend 9:00 AM Mass together followed by fellowship, small groups divided by age and a large group time at the Parish Life Center from 10:15-11:45 AM. The lessons will be lectionary based and families will take home lessons to share on the other weeks.

Registration is required and is \$100 for families with one child and \$200 for families with more than one child. Adults without children may attend for \$50.00.



### Wednesday Preschool and Kindergarten

From 4:15–5:15 PM on Wednesday afternoons, we offer *Stories of God's Love* curriculum for children ages 3-Kindergarten. These sessions are at the Parish Life Center and run simultaneously with our Faith Formation program for grades 1-8. We dismiss the PreK/ Kindergarten children 15 minutes earlier than the older children to ensure a safe and non-rushed pick-up time for you and your child. There is a \$100.00 per person fee (\$200.00 family maximum). A full calendar can be found in the center of this brochure.

Wednesday Faith Formation begins October 3.



**Children must be 3 years of age by September 1, to enroll.**

### Nursery Program

**Welcoming the Little Ones** is a program in which parents bring their children ages 1-5 to the Nursery during the 9:00 and 11:00 AM Mass. Adult and student volunteers will supervise the children and do a craft or read a story. We will be starting a new curriculum this year that will be lectionary based. This program is scheduled every Sunday except the 5th Sunday of the month and holidays, September—May. Registration is not required and there is no fee. Space is limited to 20 children per Mass and operates on a first come, first served basis.

### Mother and Child Book Study

On Tuesday mornings, 10:00 to 11:30 AM for two sessions in the Nursery and Bride's Room, moms will read and discuss a book. The children will sing songs, make a craft, have a sensory activity and have a snack. Our first series starts in October. Our second series starts during lent and continues to early May. Registration is required with a minimal fee.

