



Church of St. Mary of the Lake
4690 Bald Eagle Avenue
White Bear Lake, MN 55110
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CHANGE SERVICE REQUESTED

Father Talbot is teaching!

*Don't miss out.
See front page.*

**Discipleship on
Demand**

See page 3

**Find Upcoming Events at
Frassati on page 7.**



**FRASSATI
CATHOLIC ACADEMY**

**When are the nights for
confirmation class?**

See calendar.

**New Youth Event!
Winter Blast Lock Out**

See page 9

**Wednesday
Community Nights!**

See page 1

Discipleship for All

St. Mary of the Lake Programs for Youth and Adults

All Are Welcome

Our mission to form disciples who know, follow and go forth to share Jesus guides our discipleship at St. Mary's. We want to teach what we believe, find ways to build community and put Jesus first in all we do. Here are a few highlights on how you and your family can get involved. We would love to have you!

CATHOLIC SOCIAL TEACHING is our discipleship focus this year. Fr. Talbot will be teaching and leading discussion on the principles of Catholic Social Teaching on Wednesdays October 2, 9, 16 and 23 at 4:00 and 6:30. Join him in the Music Room at the Parish Life Center to learn about or refresh your understanding of the 7 Principles of Catholic Social Teaching.

Staff Directory

Our dedicated staff is here to accompany you on your journey:

Fr. Ralph Talbot	Pastor	frtalbot@stmarys-wbl.org
Karlene Feidt	Director Faith Formation	kfeidt@stmarys-wbl.org
Mary Beth Jambor	Director Sacraments & Worship	mbjambor@stmarys-wbl.org
Justin Kelly	Youth Formation-Gr. 6-12	jkelly@stmarys-wbl.org
Lizbeth Castro-Torres	Pre-K, Kdgn, WLO, VBS coord.	lcastro-torres@stmarys-wbl.org
Samantha Hagel	Director of Mission	srhagel@stmarys-wbl.org
Liz Racine	Director of Liturgical Music	lracine@stmarys-wbl.org
Patrick Gallivan	Frassati School Principal	pgallivan@frassatiwbl.org

Call the parish office at 651-429-7771 option 1


Visit our website at www.stmarys-wbl.org

Community Night

Save your Wednesdays for community night at St. Mary's, beginning October 2!

Come for community dinner from 5:15-6:15 PM, which is a free will offering, and stay for enriching content for all ages! Faith Formation continues as usual, and during those sessions at 4:15 and 6:30 there will be discipleship opportunities like Catholic Social Teaching with Fr. Talbot, ministry highlights, hot topics, and service projects. **Location:** Kohler Hall



OCTOBER	October 2	October 9	October 23	October 30 (Mass 4:15 PM and 6:30 PM)
GROUP TOPIC	CST 101- Fr. Talbot 4:00 and 6:30	CST 101- Fr. Talbot 4:00 and 6:30	CST 101- Fr Talbot 4:00 and 6:30	Health and Wellness
Community Table	Hot Turkey Sandwiches with a mixed green apple salad - Chocolate covered Rice Crispy bar	Cheese Grilled Paninis or 3 Cheese & spinach Grilled and Panini with Tomato Basil Soup - Apple Crisp	Chicken Fajitas with grilled peppers and onions, chips and salsa - Chocolate Cookie	Beef and Bean Chili or Vegetable Chili, corn bread - Brownie
**October 16 CST 101- Fr. Talbot 4:00 and 6:30				
NOVEMBER	November 6	November 13 (Reconciliation)	November 20	
GROUP TOPIC	Laura Elm, Founder Sacred Heart Guardians	Around the Dioceses: Synod Process Q&A Dale Lieb	<i>Just</i> Faith Informational Session	
DECEMBER	December 4	December 11	December 18	
GROUP TOPIC	ADVENT Parish Wide Study	ADVENT Parish Wide Study	ADVENT Parish Wide Study	

Sacrament Preparation

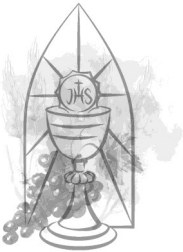
BAPTISM is the first step in our initiation into the Christian Community. To prepare for this Sacrament, parents need to attend a Baptism preparation class. Please call the parish office in advance to register. Sign up for Baptism dates will be done when all required paperwork is submitted. We recommend attending the preparation class early in your pregnancy, which facilitates signing up for a Baptism date when the baby arrives. There is a \$30.00 per child administration fee. A birth certificate is required in order to celebrate the Baptism.



ADULT INQUIRERS (RCIA - Rite of Christian Initiation of Adults) The RCIA is for 1)Adults and children, age 7 or older who are not baptized, leading to the Sacraments of Initiation - Baptism, Confirmation and Eucharist, 2)Adults baptized in a Christian tradition who wish to become Catholic, and 3)Catholic adults who wish to complete their initiation through the Sacraments of Confirmation and/or Eucharist. Inquiry sessions are on **Sundays at 10:00 AM**, at the church. If you, or someone you know, might be interested in learning more about the process, or to register, please contact Mary Beth Jambor at 651-429-7771 ext. 222.

INITIATION SACRAMENTS PREREQUISITE: All children/youth preparing for the Sacraments must have participated in a faith formation program at least one year prior to preparation for the Sacrament and be currently enrolled in faith formation (a Catholic school, the parish faith formation program for their age level, or the home program option). The program fee for each Sacrament, Confirmation and Eucharist, is \$40.00 per child and can be paid with registration.

CONFIRMATION: Youth preparing for Confirmation must be no younger than 8th grade and preferably less than age 16. Preparation sessions for Confirmation candidates with a parent begin October 22. Confirmation will be celebrated at the Cathedral on Thursday, April 16, 2020. Registration deadline is September 18, 2019.



EUCARIST/RECONCILIATION: Youth preparing for the first reception of the Holy Eucharist must be at least in 2nd grade and 7 years of age. Children will also prepare for the Sacrament of Reconciliation. Preparation sessions begin January 27, 2020. First Eucharist will be celebrated on two weekends: **Saturday/Sunday April 25/26 and May 2/3 at 5:00 PM, 9:00 and 11:00 AM.** Registration deadline is November 13, 2019.

Wednesday Programming for Youth Faith Formation

CLUB 3:16—begins at 3:16 PM. Youth can find a place to do homework, talk with friends or play in the gym. Snacks are provided from 3:16 – 4:10 PM.

4:15 PM – Children in grades 1-8 meet in Kohler Hall. After prayer and announcements, youth are dismissed to the classrooms for their session. Preschool and Kindergarten children should meet their catechist in their classroom.

OPEN GYM available from 5:30 – 6:15 PM

6:30 PM – Children in grades 1-8 meet in Kohler Hall. After prayer and announcements, youth are dismissed to the classrooms for their session. This session typically has a quieter learning atmosphere than the 4:15 PM session.

Mass Nights

Worship with our Faith Formation youth Wednesday October 30, 2019. Children should arrive by 4:15 and 6:30. Mass will begin around 4:30 and 6:45 PM in the church. Parents not worshipping with us that evening should drop off and pick up your children at the church.



Ash Wednesday Mass February 26, 2020 times: 8:00 AM, 9:30 AM, 4:30 PM, 6:30 PM

Events 2019-2020

OCTOBER <ul style="list-style-type: none">Riverboat party for Middle Schoolers—Friday October 4, 5:30 – 9:30 PM	
NOVEMBER <ul style="list-style-type: none">Homeward Bound Theatre – This company will be presenting “A Hero’s Touch” to all elementary youth grades 1-5 on November 20, 2019 at 4:15 PM. This presentation will help children understand how to keep themselves safe from harm.	
DECEMBER <ul style="list-style-type: none">Winter Blast Overnight Middle School Lock Out – Friday-Saturday, December 13-14	JANUARY <ul style="list-style-type: none">Praise and Adoration - January 29, 2020. Join 4th – 8th graders at the church for praise music and Eucharist adoration. 4:30 – 5:15 PM and 6:45 – 7:30 PMNickelodeon Universe Trip – Martin Luther King Day, Monday, January 20, 10 AM – 4 PM
FEBRUARY <ul style="list-style-type: none">Wild Mountain Ski/Snowboard Trip – President’s Day, Monday, February 17, 8:30 AM – 6:00 PM	

Small Groups

Be My Witness – Small faith sharing groups at St Mary of the Lake -Join now!

Small group communities are at the heart of our mission to form disciples. St Mary’s has a long history of small group ministry and in 2018 launched Be My Witness. Since then, more than 20 groups and 250 parishioners have participated in small groups .



The Be My Witness faith-sharing materials offer us an opportunity to share our lives and faith, develop friendships in the community and enjoy a stronger sense of belonging so that we can be witnesses to the message of the gospel. All are invited to join a group—or start a new one!

JustFaith

JustFaith is a small-group ministry rooted in Catholic Social Teaching. Through engaging reading, prayer, thought-provoking dialogue and direct outreach, participants will open their hearts to the world while deepening their faith and building lasting relationships. St. Mary's is offering JustFaith beginning in January 2020. Small groups will continue the work of deepening our understanding of Catholic Social Teaching.

Fused High School Ministry

Discover more about yourself and your faith through small group discussion topics you choose. Be inspired by the latest Christian music, mission trips and other exciting programs. Have fun with your friends while meeting new ones!



Join Fused high school ministry with your friends today!

We meet in small and large groups, guided by adult facilitators who keep you engaged and give you leadership opportunities if you choose. Each adult facilitator receives a background check and goes through Virtus Training to ensure the safety of everyone.

Fused Mission Trip: Catholic Workcamp

Help those in need, make a difference in the life of others and make friends as you are Christ to the world. **Save the dates, July 19-25, 2020** and go to Woonsocket, Rhode Island for a week filled with meaningful work and inspiring prayer.

Events

- High School Chris Tomlin Concert** – Saturday, October 12
- AYD19** High School event at St. Thomas Academy – Saturday, November 16, 12:30-9:30 PM
- Dorothy Day Center**—Wednesday, December 18, 3:00 PM

All events are sponsored by St Mary’s and include transportation and tickets to the event.

If you would like to join a small group, contact Samantha Hagel.

Discipleship on Demand

Maybe small groups don't work for your schedule, or you want to watch one of Fr. Talbot's homilies—you can access many resources on the St. Mary of the Lake website. Find information about FORMED, register for upcoming events and programs, register as a new parishioner, or learn more about the many Outreach Ministries at St. Mary's.

FORMED is a great website full of Catholic content. We are excited to offer this amazing resource of video, audio and written material on the Catholic faith, free to all parishioners (thanks to a generous donor).

HAVE YOU SEEN THE NEW FORMED SITE? FORMED updated their site and apps to make it easier to find and enjoy the great Catholic content you love.

- Download content for offline playback (apps only)
- Watch content on your TV with Roku, Chromecast, Apple TV, etc.
- Create "My List" of your favorite items or things you want to watch to keep them all in one place
- Better Search function
- New "movie theater" feel

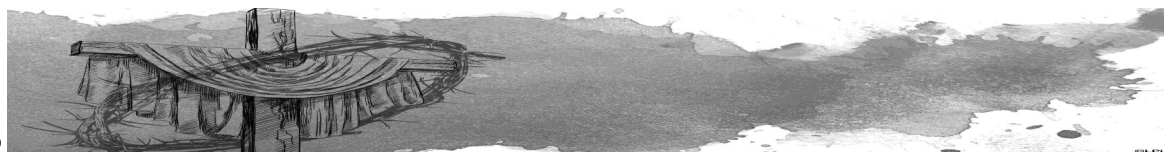
Login Has Changed! The first time you sign in on a device (desktop computer, phone, tablet, etc.) enter the email used to register. You will receive an email to "Sign in to FORMED." Follow the link and you are set on the device. No more passwords needed!

Signup Is EASIER!

Visit FORMED.ORG, select Sign up and "I belong to a parish." Search for St. Mary of the Lake by name or use our zip code, 55110. (Be sure you select the correct St. Mary's when searching by name!) Click "Next," enter your full name and email address and you are ready to enjoy FORMED!



PARISH WIDE STUDIES The entire community is encouraged to participate in studies during Advent and Lent. Watch for more details.



Welcoming the Little Ones (WLO)

All are welcome to bring your 1-5 year old child to the Nursery at the church during the 9:00 AM & 11:00 AM Masses. Youth and adults will work, play and engage your child with the love of our Lord, Jesus. This program takes place on the first through fourth Sundays of the month, September – May, excluding Easter Sunday. During the summer months Welcoming the Little Ones will occur on the second and fourth Sundays of the month. Adult volunteers are needed as leaders and teens are needed as assistants. All volunteers are required to complete "The Essential Three." See [volunteer requirements](#) on our web page for details.

Liturgy of the Word for Children (LWC)

Liturgy of the Word with Children (LWC) is a worship experience for children in grades 1-5. It immerses them in the Word in ways that are understandable to them. This liturgy takes place in the Notre Dame Chapel (next to the Gathering Space) during the 9:00 AM and 11:00 AM Masses, most Sundays September – Pentecost. No registration is necessary, the children come forward when Father calls them to the center aisle. They will return to their parents after the presentation of the gifts. If your child is hesitant to go, feel free to attend with them a couple of times.



Youth Volunteer Opportunities

Youth 4th grade and older:

- Altar Servers – contact Mary Beth Jambor

Youth 6th grade and older :

- Liturgy of the Word with Children and Welcoming the Little Ones – contact Karlene Feidt
- Vacation Bible School – contact Lizbeth Castro-Torres
- Fall Festival – contact Mary Scherping

Youth 8th grade and older:

- Projectionists – contact Justin Kelly

Youth 9th grade and older:

- Summer BLAST - contact Justin Kelly
- Dorothy Day or other service projects – contact Justin Kelly
- Eucharistic Minister and Lector (16 years old) - contact Mary Beth Jambor
- Music Ministry—contact Liz Racine



All Youth can be Ushers, Greeters and Gift Bearers with their families.
Older youth can serve in the ministries on their own. – contact Mary Beth Jambor

Upcoming Events at Frassati Catholic Academy

November 14 Preschool/Kindergarten Open House—4:30—6:00 PM

December TBD Christmas Concert at St. Pius X—*Watch for details.*

January 27-31 Catholic Schools Week

January 30 Open House and Spaghetti Dinner—4:30—7:00 PM

April 24 Frassati Gala

The Path to Success Begins at Frassati Catholic Academy

NOW ENROLLING PRESCHOOL THROUGH GRADE 8

Explore all that Frassati Catholic Academy has to offer! We strive to develop the future moral leaders of tomorrow by instilling the Catholic virtues today. We utilize the STREAM philosophy to encourage a growth mindset in our students.

Call to schedule a tour today!

Contacts:

Pat Gallivan—Principal patrick.gallivan@frassatiwbl.org

Peggy Kemp—Administrative Assistant peggy.kemp@frassatiwbl.org

Office: 651-429-7771 option 2



Intergenerational Family Faith Day (IFFD)

Last year St. Mary's developed a new community building program called Intergenerational Family Faith Day. It was designed to give our parishioners the best of both worlds; an opportunity for peer interaction and take-home materials for self/family learning at your own pace. IFFD participants meet once each month, 10:15 – 11:45 AM, on the dates below. People of all ages are encouraged to register.

Sample Itinerary of a monthly gathering:

9:00 AM—Attend Mass at the Church

10:00-10:15 AM— Enjoy a continental breakfast in Kohler Hall at the Parish Life Center

10:15-10:35 AM— Welcome, prayer, a reading of the Gospel in script form

10:35-11:10 AM—Youth go to classrooms for age appropriate lessons

- Preschool through high school will use Pflaum Gospel Weeklies
- Adults remain in Kohler Hall for *Sunday by Sunday* lessons—Good Ground Press
- And a short “Faith Formation 101” single topic refresher course.

11:15-11:25 AM— Youth and adults gather in Kohler Hall and have share time in small groups at their tables

11:25-11:45 AM— Family service project

11:45 AM—Families depart with their materials for home study until the next gathering

Gathering Dates:

September 29, 2019

October 27, 2019

November 17, 2019

December 15, 2019

January 26, 2020

February 23, 2020

March 29, 2020

April 26, 2020

May 17, 2020

Testimonials from families first year with IFFD:

“Food! Children reading! Adults getting to talk without kids!”

“Loved the experience of getting to know other families of the church. I feel like I have learned more about Jesus with the children.”

“Enjoyed meeting new people and the conversations among adults.”

“Kids grew in community awareness of how to help others through the service projects.”

