



Catholic Heart Workcamp
Mission Trip
Information Sheet 2023



Destination: Knoxville, TN **Mission Trip Dates:** June 24-July 1, 2023 **Cost:** \$1,195 per participant*

Group Leaders: Michelle Boris, Coordinator of Young Adult Ministries
St. Michael's, Prior Lake Group Leader: Katie Kelly, Director of Youth Ministry
Chaperones are all E3 certified and background checked through Catholic Heart Workcamp

Participant Ages: Current (2022-2023) high school students in grades 9-12. All 18+ students are required to have gone through E3 requirements and have an up-to-date background check.

What will we be doing: St. Mary's is partnering with St. Michael in Prior Lake to attend Catholic Heart Workcamp in Knoxville, TN. CHWC offers youth-friendly, Catholic short term mission trips all over the world. Each Workcamp is equipped with a summer staff, director, manager, musician, nurse and priests. See below for the basic description of each day. In the past, Catholic Heart Workcamp in Knoxville has worked with Catholic Charities, PROJECT LIVE (Living Independently through Volunteer Efforts), Office of Aging, Second Harvest Food Bank, Caris Healthcare, Boys and Girls Club and the Volunteer Ministry Center. Most of the projects are work projects including painting, home repair and yard work, but some are childcare, food bank, etc. Most projects are in Knoxville and Knox County, but some are in surrounding counties.

Itinerary:

June 24: Travel Day – Leave St. Michael's in Prior Lake around 12 PM
Stop Midway in Missouri overnight

June 25: Arrive in Knoxville around 1:00 PM

June 26-29: Service Days (Monday-Thursday)

Basic Schedule

6:15 AM - Wake Up, Breakfast, Daily Mass

9 AM – Worksites: You will be divided into small work groups of 5-7 youth and 1 adult chaperone. Each participant will be working with a team of people who are not from their own church group. This may be uncomfortable for some at first, but team members quickly form friendships. For many this becomes a highlight of the week. This arrangement also provides many different experiences for your group to share when they return home. You may or may not be at the same location for the whole week; it depends on the project, weather conditions and duration of work.

While at your worksite, you will break for lunch each day and have a Prayer/Share time where you will go over discussion questions, explore the Catholic faith, and get to know your team on a deeper level.

3 PM – Return to school building

Free time until Dinner

After Dinner Program: Evening programs will inspire you to continue serving the next day and renew your commitment to God. The first half of each evening program will include fun games

and upbeat music, and then we will transition into a more prayerful time with skits, videos, talks, praise and worship, and other opportunities to deepen one's faith and reflect on the days' activities.

June 30: Fun Day at location attraction near Knoxville. Leave from Fun Day and drive through the night to arrive in Prior Lake on July 1

July 1: Return Home (time dependent on when we leave June 30th)

Transportation: We will be taking 2 coach buses to Knoxville. Students will be assigned buses. Vetted drivers or buses will transport groups to and from work sites during the week.

Where are we staying: **Knoxville Catholic High School** -- 9245 Fox Lonas Road, Knoxville, TN 37923

Shower Facilities: Generally, there are separate facilities for teen males, teen females, adult males and adult females. The guys shower facilities are individual stalls (6 total) The girls are communal showers (14 total).

Sleeping Facilities: The sleeping areas are air conditioned. Females and males sleep in classrooms on separate floors. Adults and teens sleep in the same classrooms. All adults 18+ are background checked through CHWC in addition to their parish's criteria.

Program Area: It is in a gym which is air conditioned.

Meals: In the cafeteria which is air conditioned.

COVID Policies: We will follow all local, state, and federal guidelines dependent on our specific location during the trip. All current Archdiocesan and St. Mary's COVID protocols will be followed.

Other Commitments: All participants and a parent/guardian will be required to attend 1-2 preparation meetings prior to the trip. Participants will need to complete a code of conduct, permission slip, photo release, and health insurance form. All participants and chaperones are required to have health insurance per CHWC policy.

*Fundraising opportunities will also be available but are optional. Please contact Michelle if cost is an issue and we will work with you.

Registration Deadline: January 30, 2023. A \$100 deposit is due within one week of registration.

More Information and Registration Link: www.stmarys-wbl.org – Click Mission, then FUSED High School or scan the QR Code below

Contact: Michelle Boris, Coordinator of Young Adult Ministries

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