

You can find the mailing address, phone number, or email of Representatives/Senators at one of these links: (Rep info/addresses can be found here: <https://www.house.mn.gov/members/list> Senator info/addresses can be found here: <https://www.senate.mn/members?id=alphabetical>)

Email is most effective if it is not a blanket mailing to all members; emails and letters are most effective when they are personal and specific. When sending an email, remember to include your name, postal address, and phone number.

Address Format - Representatives

Representative's offices are located in the Centennial Office Building East of the Capitol.

Honorable (Full Name)
Minnesota House of Representatives
(Room #) Centennial Office Building
658 Cedar Street
St. Paul, MN 55155-1298

Begin your letter: Dear Rep. (Last Name):

Address Format - Senators

Senator's offices are located in the Minnesota Senate Building North of the Capitol.

Honorable (Full Name)
Minnesota State Senate
(Room #) Minnesota Senate Building
95 University Avenue West
St. Paul, MN 55155-1606

Begin your letter: Dear Sen. (Last Name):

Congratulations on the electoral victory. I have lived in the district of X for X years nearby (local landmark). I attend St. Mary of the Lake Catholic Church in White Bear Lake, MN. Please know of my prayers for you as you begin this role and represent our community.

Explain more about who you are and why you care about legislative work.

Lay out one or two issues that you would like the legislator to address.

Say something like this to close: "Please respond to this letter with your position on these important issues and please take every opportunity to work on them at the legislature. Thank you!"

Sincerely,

Your Name (& contact info - how you would like the legislator to reach back out to you)