

Mass Moments

Fall Series: Liturgy of the Word



Key Points - November 3

- **The Creed or Profession of Faith:** The Creed is proclaimed on all Sundays and Solemnities within the liturgical year. It “is a summary of the Sacred Scriptures and consequently of the Church’s faith ... reduced to a single page” (*What Happens at Mass*, pg. 54).
- There are two creeds: the Apostles’ Creed and the Nicene Creed (the Nicene Creed is used most frequently in the liturgy). The Creeds have “their origin in the liturgy of Baptism, where ... the one to be baptized professes faith (belief) in the Holy Trinity: ‘I believe in God the Father, in Jesus Christ His only Son, and in the Holy Spirit’ ... in the divine life revealed to us in the Death and Resurrection of Jesus” (pg. 54).
- There is no way of knowing the Trinitarian Mystery than through the community we call the Church. The Creed is our Profession of Faith: (I Believe) in the four marks of the Church as one, holy, catholic and apostolic. “The assembly stands and with one voice declares all that the apostolic Church believes in its careful listening to the Word of God ... in what the Church tells us of God and of our life in God” (pg. 55).
- The Creed reminds us that Baptism and the faith “are the only doors through which we can enter into the Liturgy of the Eucharist which is about to begin. Through the recitation of the Creed and the resounding “Amen”, “every baptized person confirms again his or her belonging to the community that believes these things” (pg. 56).

Reflection Questions

- Take time to reflect on each of the four marks of the Church (one, holy, catholic, apostolic). How do you experience the unity, holiness, universality, and living tradition of the Church in your own life?
- In your reflection on the Creed, which line(s) or phrase(s) most stand out to you? Pray with these sections and invite the Holy Spirit to lead you to deeper understanding of the mysteries of our Faith.
- Study the Creed together as a family (perhaps one line at a time prior to each week's Mass). What do the terms "begotten not made", consubstantial, incarnate (Incarnation) mean? Refer to the *Catechism of the Catholic Church* (paragraphs 262, 456-483).



Resources for the Whole Family

Recommended resources this week - scan the QR code to view resources for this series on our website:

- *What Happens at Mass* - Chapter 3, pg. 54-56
- “The Treasure of Our Soul: The Apostle's Creed” by Scott Hahn on FORMED
- “The Nicene Creed Explained” by Breaking in the Habit on YouTube
- **For Children:** “My Time with Jesus” Ep. 42 on The Nicene Creed - can be found on YouTube or EWTN’s website



Events at St. Mary’s & around the Archdiocese

- **Eucharistic Adoration** at St. Mary’s – Wednesdays from 8:30 AM – 8 PM in the Notre Dame chapel. Signup on our [website!](#)
- **Bus Tour of Orthodox Churches** - Saturday, November 9 (9:30 AM - 3:30 PM) Tour will begin with a display of icons at the Basilica of St. Mary, then will continue to St. Mary’s Orthodox Cathedral, St. Constantine Ukrainian Catholic Church, and St. George Greek Orthodox. Cost is \$45 per person for the bus tour and lunch; advance registration required (transportation is provided during the tour, but registrants still need to find their own ride to/from the Basilica) - [Link](#)
- **“Seven Times a Day I Praise You”** with Dcn. Joe Michalak at St. John Neumann in Eagan (7-9 PM) Thursdays, Nov. 7 & Nov. 21 [Online Registration](#) – \$50
- **“In Defense of Leisure: Reclaiming the Lord’s Day”** with Dr. Michael Naughton at All Saints, Lakeville (6-8 PM) on Tuesday, November 19 | [Link](#) - Free
- **“The New and Eternal Covenant”** with Fr. Glaser - several dates & locations in 2025 but also on Monday, November 25 (6-9 PM) at St. Rose of Lima, Roseville | [Link](#) - Free

